

# Am I A Candidate For Laser Hair Removal?

For many, Laser Hair Removal has been a Godsend. Tossing their razors in the trash, they will never look back. Here are some answers to questions that determine whether or not a client is a candidate for Laser Hair Removal. A few of these questions may apply to you.

1. **Can I still suntan, use a tanning bed or tanning lotion/ spray?** While under the care of a Laser Technician and participating in Laser Treatments, a client should refrain from exposure to the sun or any synthetic sunlight. This includes reflective materials such as lotions or sprays. If the client chooses to go down South or be exposed to the sun, they must wait 4 to 6 weeks before they can have any type of Laser Treatment.
2. **Can I take medications while having Laser Hair Removal?** Specific medications are Photosensitive, Photoreactive and Photoallergenic. Absolutely NO IPL/ LASER Treatments are to done on any client who is taking ACCUTANE/ ISOTRETINOIN. The client MUST be off the prescription for 1 full year. All Laser Technicians should have a list of current medications that are listed as such. This is why a Consultation is ALWAYS performed with every client.
3. **Are there any medical conditions that would prevent me from having Laser Hair Removal?** The following are contraindications to Laser Hair Removal; Pregnant or Breastfeeding, Keloid Scarring, History of Epileptic Seizures and Autoimmune Deficiency.
4. **I have blonde hair. Will it work?** For the system that is used at Sweet Expressions MediSpa; The Formax by Sharplight, is an IPL system that has the ability to treat all Skin Types. With its unique development of the DPC (Dynamic Pulse Control) like no other IPL system, it can customize its treatment to target the hair as it lightens through the Hair Removal Process. The IPL will not remove silver or white hair as it is lacking pigment. No laser or ILP has the ability to remove hair that is lacking pigment.
5. **Can I wax, tweeze or use depilatory creams while having Laser Hair Removal?** No. This effects the growing cycle of the hair. You must wait 4 to 6 weeks after waxing, tweezing or using any depilatory creams. In order for Laser Hair Removal to take effect, the papillary shaft and root must be present. It is the root of the hair that we are targeting when we are performing Laser Hair Removal.
6. **What if I decide to have other treatments? Will Laser Hair Removal interfere?** It all comes down to timing. Much of what we do as Medical Aestheticians involves wound healing. As superficial as they are, these wounds need time to heal, encourage new cell growth and replenish an abundance of collagen. As for Laser Hair Removal, the timing in between is for the Anagen Phase which is between 4 to 10 weeks depending on the area. Here is a list of treatments and the waiting period before one can have Laser Hair Removal;
  - Facial Surgery – 8 Weeks
  - Laser – 4 to 6 Weeks
  - Collagen/ Fillers – 3 Weeks
  - Chemical Peel – 2 Weeks
  - Electrolysis – 1 Week
  - Hair Chemical – 7 Days
  - Retinol/ Retinoids – Discontinue use 7 Days prior
  - AHA's – Discontinue use 7 Days prior